

## Curriculum Vitae

**Date Prepared:** June 14, 2023

**Name:** Brittany Watson, MD, MPH, BSN

### Education:

07/2008- 05/2012	Bachelor of Science in Nursing ( <i>Cum Laude</i> )	Nursing	Clemson University ( <i>Calhoun Honors College</i> )
08/2012- 05/2016	Doctor of Medicine	Medicine	Medical University of South Carolina
07/2022- 05/2023	Master of Public Health	Health Policy	Harvard T.H. Chan School of Public Health

### Postdoctoral Training:

07/16-06/17	Intern	Family Medicine	Carolinas Medical Center
07/17-06/19	Resident  <i>Chief Resident (2018-2019)</i>	Family Medicine	Carolinas Medical Center
01/21-10/21	Leading Physician Well- being Scholar	Leading Physician Well-being Certificate Program	American Academy of Family Physicians
07/22-06/23	Fellow	Commonwealth Fund Fellow in Minority Health Policy	Harvard University

### Academic Appointments:

04/22-08/22	Clinical Tract Faculty, Assistant Professor	Family Medicine	Edward Via College of Osteopathic Medicine- Carolinas Campus
07/22-06/23	Research Fellow	Department of Global Health and Social Medicine	Harvard Medical School
06/23-	Affiliate Faculty	Center for Primary Care	Harvard Medical School

**Appointments at Hospitals and Outpatient Clinics:**

08/19-08/22	Family Physician	Clinic Department ( <i>Primary Care</i> )	Affinity Health Center
03/22-	Family Physician	Flex Pool ( <i>Behavioral Health &amp; OnDemand Telemedicine</i> )	Atrium Health

**Other Professional Positions:**

2022-	Consultant	Initium Health
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**Administrative Leadership Positions:****Local**

2015-2016	Director of Marketing and Development	Medical University of South Carolina-CARES Student-Run Free Clinic
2015-2016	President	Medical University of South Carolina Multicultural Student Advisory Board
2018-2022	Primary Care Lead, Quality Improvement Committee	Affinity Health Center
2020-2022	Medical Supervisor	Affinity Health Center

**National**

2015-2016	Student Liaison to the Student National Medical Association	American Academy of Family Physicians
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**Committee Service:****Local**

2016-2019	Carolinas Medical Center House Staff Liaison Committee	Carolinas Medical Center
	2018-2019	Philanthropy Chair
2019-	Board of Directors	Shelter Health Services
2021-2022	Steering Committee	Impact York County
2021-	Workforce Pipeline Committee	North Carolina Academy of Family Physicians

2022-	Developing New Allies Committee	CoverSC
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**National**

2015-2015	Family Medicine Interest Group Network ( <i>Committee Member</i> )	American Academy of Family Physicians
2018-2018	Commission on Health of the Public and Science ( <i>Resident Member</i> )	American Academy of Family Physicians

**Professional Societies:**

2012-2016	Student National Medical Association
2015-	American Academy of Family Physicians
2016-2021	American Medical Association
2018-2019	Society of Teachers of Family Medicine
2018-	National Medical Association
2022-	American Public Health Association

**Honors and Prizes:**

2015	Gold Humanism Honor Society Inductee	Gold Humanism Honor Society	Recognizes students, residents and faculty who are exemplars of compassionate patient care and who serve as role models, mentors, and leaders in medicine.
2015-2016	Emerging Leader	American Academy of Family Physicians Foundation Family Medicine Leads Emerging Leader Institute	For commitment to the development of the future of family medicine. Designed and implemented a project around Philanthropic and Mission-Driven Leadership.
2016	Student to Service Scholar	National Health Service Corps	Awarded to students with a strong commitment to primary care and serving in communities most in need of primary care services.
2016	Earl B. Higgins Leadership in Diversity Award	Medical University of South Carolina	Recognition for exemplary strides and contributions in promoting diversity.

2016	Hiriam B. Curry Award	Medical University of South Carolina Chapter or Alpha Omega Alpha	For exceptional community service.
2016	Leonard Tow Humanism in Medicine	Arnold P. Gold Foundation	Exemplifying humanism in medicine.
2016	Palmira Silva Snape Award	Medical University of South Carolina College of Medicine	For exceptional service to the community while a medical student.
2017-2018	Presidential Scholar	Medical University of South Carolina	Selected to participate in this interprofessional program that explores complex social, political, and human issues of broad interest to health care professionals and biomedical research. Worked with a multidisciplinary team to conduct an engaging community project.
2018	Outstanding Resident	Carolinas Medical Center Department of Family Medicine	Awarded to a third-year resident who in community service and social awareness, has evidence of scholarly inquiry, provides caring and compassionate patient care, has local or national leadership involvement, has balance between personal and professional activities, and displays natural interpersonal and collegial skills.
2019	Academy of Educators Inductee	University of North Carolina School of Medicine	For excellence in and commitment to teaching and a desire to remain active as a teacher.
2019	Outstanding Resident Teaching Award	University of North Carolina School of Medicine-Charlotte Campus	Recognized by students for outstanding teaching.
2019	Resident Teacher Award	Society of Teachers of Family Medicine ( <i>Carolinas Medical Center</i> )	Awarded to a graduating resident in recognition of demonstrated interest, ability, and commitment to family medicine education.

2023	Titus and Venus Award	Harvard University's Black Graduate Student Association	An honor bestowed upon graduating students who have demonstrated outstanding commitment to the Black Harvard Community and/or plan to work immediately in full-time employment directly impacting at least one predominately Black community within the African diaspora.
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## **Report of Funded and Unfunded Projects**

### **Funded Past Projects**

2011-2012	Transition to Motherhood in Women of Low Socioeconomic Status Clemson University Calhoun Honors College ( <i>University Funding</i> ) Investigator (PI: Lisa Duggan, PhD, MSN) Analyzed the transition to motherhood among low socioeconomic, first-time mothers who participated in centering pregnancy programs.
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### **Unfunded Past Projects**

2017-2018	The Intricacies of Pediatric Psychiatric Admissions within a Practice Based Research Network and the Conundrum of Disposition Co-PI (Co-PI: Rebecca Beesley, MD, MPH) This study aimed to evaluate the incidence of pediatric psychiatric hospitalizations on an inpatient Family Medicine Pediatrics service regarding: (1) length of hospital stay, (2) cost of hospitalization, (3) disposition, meaning continuation of care after hospital discharge, (4) rate of discharge to inpatient behavioral health services, (5) rate of recidivism and readmission, and (6) whether recommended disposition from the consulting psychiatrist matched the ultimate discharge disposition of the patient.
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### **Other Current Projects**

2022-	Advancing Person-Centered Care for People Living with Multiple Chronic Conditions to Improve Quality and Outcomes of Care ( <i>Agency for Healthcare Research and Quality</i> ) Co-Investigator (PI: Arlene Bierman, MD, MS) Examining existing models for person-centered care with the goal to improve the care for people living with multiple chronic conditions and understand how to develop, implement, and evaluate models of care to understand their strengths and limitations, and opportunities for more widescale adoption in primary care settings.
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## **Report of Local Teaching and Training**

### **Teaching of Students in Courses:**

2020-2020	Family Medicine Rotation Preceptor Nurse Practitioner Student	Rock Hill, SC
2022-2022	Family Medicine/Rural Primary Care Preceptor Medical Students	Rock Hill, SC
2022-2022	Family Medicine and Primary Care Procedure Workshop Medical Students	Cambridge, MA
2023-2023	PWY 120: Essentials of the Profession Medical Students	Boston, MA

### **Local Invited Presentations:**

2013	Health Awareness and Disparities in South Carolina on a Community Level Williamsburg County Rally, Hemingway, SC. Invited Lecture
2023	Advocacy in Primary Care Panel / Grand Rounds Harvard University Center for Primary Care, Boston, MA Invited Panelist
2023	Build Your Advocacy Toolkit: Transforming Systems for Health Equity Medical Student Workshop Harvard University Center for Primary Care, Boston, MA Invited Presenter
2023	Building Health Equity: Why it Matters and How to Take Action Northwestern University, Virtual Invited Panelist
2023	Advancing Person-Centered Care Planning for People Living With Multiple Chronic Conditions Minority Health Policy Annual Meeting, Boston, MA Invited Presenter
2023	Medicaid Expansion Roundtable South Carolina: American Cancer Society's Cancer Action Network Invited Panelist

## **Report of Regional, National and International Invited Teaching and Presentations**

### **National**

- 2018                      The Impact of Health Coaching at a Student-Run Free Clinic / Oral  
Society of Student-Run Free Clinics Conference. Atlanta, GA.
- 2018                      The Intricacies of Pediatric Psychiatric Admissions within a Practice Based  
Research Network and the Conundrum of Disposition / Oral  
North American Primary Care Research Group Practice-based Research Network  
Conference. Bethesda, MD.

## **Report of Clinical Activities and Innovations**

### **Current Licensure and Certification:**

- 2019-                      American Board of Family Medicine

### **Practice Activities:**

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| 2017-     | Medical Consults for Inpatient Psychiatric Patients | Atrium Health, Behavioral Health Chalotte, Charlotte, NC | 40 hours / year |
| 2019-2022 | Family Medicine                                     | Affinity Health Center, Rock Hill, SC                    | 50 hours / week |
| 2020-     | Virtual Visit on Demand                             | Atrium Health, Charlotte, NC                             | 8 hours / week  |

### **Clinical Innovations:**

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| Quality Improvement at Affinity Health Center (2019-2022)  | As primary care lead on the quality improvement committee, I designed and coordinated initiatives that resulted in significant quality improvements over my three years in the role. 115% increase in breast cancer screenings. 63% improvement in colorectal cancer screenings. 61% increase in hypertension control. 23% reduction in uncontrolled diabetes. |
| Clinician Well-being at Affinity Health Center (2021-2021) | This project highlighted the importance of workforce well-being in achieving the Quadruple Aim. It made well-being a priority at the health center and is considered in senior level decision making.  |

## **Report of Education of Patients and Service to the Community**

### **Activities:**

2013-2016	CARES Clinic Student-run free clinic for the local uninsured population in Charleston, SC.
2014-2020	Charleston and Charlotte Alumnae Chapters of Delta Sigma Theta Sorority, Inc. Delta GEMS Coordinated and supervised engaging programming for a local teen girl group that promotes education, service, and enhances social skills.
2016-2016	PATCH Program Mentored local underserved high school students interested in medicine.
2017-	Shelter Health Services Provide clinical services and conduct interactive discussion groups for residents living in a local homeless shelter for women and children. Currently serving on the board of directors.
2017-2018	Johnson C. Smith University/Family Medicine Mentoring Program Mentored undergraduate students interested in medicine.
2018-2019	Big Brother Big Sisters of America Big sister to a fifth-grade student.
2020-2022	Charlotte Alumnae Chapter of Delta Sigma Theta Sorority, Inc. Delta Academy Program Coordinator Designed and implemented age-appropriate programming for local middle school girls that promotes service, leadership, social skills, and STEM.
2022-2022	Carvers Bay High School Black History Month Speaker

### **Educational Material for Patients and the Lay Community:**

#### ***Educational material or curricula developed for non-professional students***

2013-2022	Community Hypertension Screening Manual	Developed manual for training community members. REACH Program, Medical University of South Carolina.
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### **Narrative Report**

Board-certified family physician with experience providing medical care for underserved patients and leading transformative quality improvement efforts at a growing Federally Qualified Health Center. Experience supervising, teaching, and mentoring students and advanced practice providers at various levels of education. Dynamic leader committed to improving quality, health equity, and population health within health systems and the communities they serve.



